

Leonard Sax MD PhD

2012 events

- January 7, McLean, Virginia: I spoke to parents, teachers, and students at the Madeira School, on the topic of how to choose the “best” college for a particular student, sharing stories of students I know well who made counter-intuitive choices: e.g. one girl who chose to attend the University of Alaska – Fairbanks, while declining offers of admission from Harvard and Stanford.
- January 16: Minot North Dakota: I led workshops for public school teachers, sponsored by the Mid-Dakota Education Cooperative. I also spoke to parents in the evening.
- February 2, Brampton, Ontario: I led a full-day workshop for teachers at Holy Name of Mary Catholic Secondary School.
- February 7, Raleigh North Carolina: I led a workshop for teachers at Saint Mary’s School. That evening, I spoke to parents. My presentations were co-sponsored by the Woodberry Forest School.
- February 11, Washington DC: I gave a presentation for the National Conference on Girls’ Education entitled *Facebook Ate My Daughter*.
- February 16 & 17, Ottawa, Ontario: I led workshops for the Ottawa-Carleton public school district. I also spoke to parents the evening of February 16.
- February 21, Toronto, Ontario: I met with students and led a workshop for teachers at St Michael’s College School. That evening, I spoke to parents about gender differences in how teenagers handle stress, with attention to boys.
- February 29, Houston, Texas: I gave a presentation for parents about the challenges facing American boys today, from pre-K through high school. My presentation was co-sponsored by the Houston BoyChoir and Texas Children’s Hospital
- March 5 & 6, Greensboro North Carolina: I met with students at the Canterbury School. I also gave three separate presentations for parents. One presentation was on “What to do if the school says your child is not paying attention”. A second presentation was on gender differences in the challenges facing children and teenagers today. In the third presentation, we looked more closely at the challenges facing girls today, including the gender-specific risks posed by endocrine disruptors such as BPA and DEHP.
- March 12, Princeton, New Jersey: I gave a presentation for parents titled *Facebook Ate My Daughter, and My Son Won’t Stop Playing Video Games*. My presentation was sponsored by Princeton Regional Schools.
- March 20, Bethesda, Maryland: I gave a presentation for parents, sponsored by the Stone Ridge School of the Sacred Heart
- March 22, Minneapolis, Minnesota: I gave the keynote presentation at a statewide conference for public school teachers. I also led a breakout session entitled “What is kindergarten for?” – for staff and teachers in nursery schools, pre-K, and early elementary education.
- March 26, Brisbane Australia: I led a full-day workshop for teachers at girls’ schools, hosted by the Alliance of Girls’ Schools Australasia. I also spoke to parents that evening, at St Aidan’s Anglican Girls’ School.

March 27, Wahroonga Australia: I met with students at Abbotsleigh, a private school in a suburb about 45 minutes north of Sydney; I then led a 90-minute workshop attended by more than 160 teachers from eleven schools across Greater Sydney. That evening I spoke to parents at Abbotsleigh.

March 28, Adelaide Australia: I gave an evening presentation to 270 parents, on the topic of "Girls on the Edge," hosted by Seymour College. On March 29 I met with students at Seymour, a private school in Adelaide.

April 3, Chattanooga, Tennessee: I met with students, led a 3-hour workshop for teachers, and gave an evening presentation to parents, at the Girls' Preparatory School.

April 9, Skillman NJ: I led three workshops for public school teachers, sponsored by the Montgomery Township School District.

April 16, McLean Virginia: I gave a second presentation at the Madeira School, entitled "Facebook Ate My Daughter."

April 17, York Pennsylvania: I led a workshop for public school teachers, sponsored by the South Central Reading Council.

April 26, Houston, Texas: I visited Western Academy, a private Catholic school.

May 10: Brampton, Ontario: I visited St. Stephen Elementary School, a Catholic school, and gave a presentation to parents there.

May 11: Toronto, Ontario: I led a workshop for 489 teachers from the Dufferin-Peel Catholic District School Board.

May 21: Melbourne, Australia: I met with students, led a workshop for teachers, and spoke to parents about the difference between self-esteem and resilience, at Camberwell Grammar School, a K-12 private school.

May 24: Perth, Australia: I led a workshop for teachers; I spoke with Year 10 students about video games and social media; and I spoke to parents, at Christ Church Grammar School, a K-12 private school.

May 28: Melbourne, Australia: I led a full-day workshop for teachers. My workshop was sponsored by the Alliance of Girls' Schools Australasia and followed the conclusion of the biennial conference of the Alliance in Melbourne.

May 29: North Sydney, Australia: I met with students, and separately met with school counselors, led a workshop for teachers, and then gave an evening presentation to parents on the differences between self-esteem and resilience, at the Sydney Church of England School a.k.a. Shore, a private boarding school.

June 20: Devils Lake North Dakota: I led a workshop for elementary-school teachers and for the local Head Start program, on gender differences in what kids need in nursery school, pre-K, and kindergarten.

July 16: I was a guest in the studio for Minnesota Public Radio, discussing the over-diagnosis of ADHD in American children and teenagers. Streaming audio is online at <http://bit.ly/MzIbxV>. I was invited to do this interview because of my "Room for Debate" contribution for the *New York Times*, <http://nyti.ms/MwqAL5>.

July 25 – 26: Greensboro, North Carolina: I led a two-day workshop for public school teachers. My workshop was attended by teachers and administrators from public schools in Greensboro as well as from Raleigh and from Troy North Carolina. The evening of July 25, I spoke to parents at North Carolina A&T University about some of the challenges facing girls and boys today.

July 30: Memphis, Tennessee: I led a one-day workshop for public schools in Shelby County Tennessee. That evening, I met with parents.

August 7 – 8, Grand Prairie, Texas: I led a two-day workshop for public school teachers in Grand Prairie. The evening of August 7, I gave a presentation to parents entitled "Facebook Ate My Daughter, and My Son Won't Stop Playing *Call of Duty*."

August 17: Laredo, Texas: I led a one-day workshop for public schools. I also spoke to parents that evening: my slides were in Spanish, although I spoke in English with simultaneous Spanish translation (by a professional translator).

August 20 – 21, Dallas, Texas: I led a two-day workshop for public school teachers. I also spoke to parents (evening of August 21) about the difference between self-esteem and resilience, and the importance of parents working *with* the school rather than the parent regarding the school or the teacher as an adversary.

September 18/19, Conway, Arkansas: I led two days of events at Hendrix College.

September 22, Charleston, West Virginia: I returned to Stonewall Jackson Middle School to lead a full-day workshop on gender-specific instructional strategies. This was my fourth visit to Stonewall Jackson Middle School since 2006.

September 24, Ottawa, Ontario: I led a workshop for public school teachers, met with students, and spoke to parents, on the topic of how best to build resilience in children and teenagers.

September 26, Wisconsin Dells, Wisconsin: I spoke at a statewide conference for juvenile justice professionals: police officers, guardians *ad litem*, social workers, counselors, and others.

October 2, Grand Marais Minnesota: I led a full day of workshops for physicians, for mental health professionals, for juvenile justice officers, for social workers, and for teachers. I also spoke to parents in the evening.

October 4, Malvern, Pennsylvania: I met with students in the morning, and led an afternoon workshop for teachers, at the Phelps Academy.

October 8 and 9, Pittsburgh, Pennsylvania: I met with students, led workshops for teachers, and spoke to parents, at the Ellis School.

October 10 and 11, Atlanta, Georgia: I met with students, led workshops for teachers, and spoke to parents, at the Atlanta Girls' School.

October 15, Merion Station, Pennsylvania: I led a workshop for teachers at Merion Mercy Academy.

October 20 and 21, Houston, Texas: I hosted the 8th International Conference on Single-Gender Education. We had more than 50 different presentations, with presenters from Australia, Canada, Colombia, Iceland, and from all across the United States. Our keynote speaker was United States Senator Kay Bailey Hutchison (R-Texas),

who three days earlier co-wrote an op-ed for the *Wall Street Journal* praising girls' schools in the public sector, co-authored with Senator Barbara Mikulski (D-Maryland).

October 24, Buffalo, New York: I spoke to students, led a workshop for teachers, and spoke to parents, at Canisius High School.

November 3, Malvern, Pennsylvania: I returned to the Phelps Academy to speak to parents about stress and resiliency (see October 4, above).

November 5, Merion Station, Pennsylvania: I returned to Merion Mercy Academy to speak to parents about stress and resiliency (see October 15, above).

November 6, Merion Station, Pennsylvania: I met with students at Merion Mercy Academy.

November 15, Louisville, Kentucky: I spoke at Assumption High School.

November 16, Louisville, Kentucky: I spoke at a conference of region V of the NCEA, the National Catholic Educational Association. Region V includes Alabama, Kentucky, Louisiana, Mississippi, and Tennessee. My topic was how to help children and teenagers develop true resiliency, to go "beyond resilience."

November 26, Carbondale, Colorado: I led a workshop for teachers, met with students, and spoke to parents, at Colorado Rocky Mountain School, a boarding school.

December 10, London Ontario: I led a full day of workshops for mental health professionals, school counselors, and social workers.

December 13, Bryn Mawr, Pennsylvania: I spoke to parents about new research on how best to help children and teenagers build resilience and go *beyond* resilience to become UnFragile, hosted by the Agnes Irwin School.